

# **BOCA RATON ORTHOPAEDIC GROUP, INC.**

## **CIRRICULUM VITAE**



**NAME:** **Joseph R. Purita, M.D.**

**BORN:** **March 1, 1950**

**MARITAL STATUS:** **Married, 1 child**

**COLLEGE:** **Georgetown University**  
**1968-1972**  
**Washington, D.C.**  
**B.S. Degree in Biology / Minor Chemistry**  
**Served as Clinical Instructor for approximately one**  
**year**

**MEDICAL SCHOOL:** **Georgetown University School of Medicine**  
**1972-1976**

**INTERNSHIP:** **University of Florida Medical Center**  
**1976-1977**  
**General Surgical Internship, Gainesville, Florida**  
**Consisted of a rotating general surgical internship**

**RESIDENCY:** **University OF Miami (Jackson Memorial Hospital)**  
**1977-1981**  
**Department of Orthopedics and Rehabilitation**  
**Miami, Florida.**

**Chief Administrative Resident in charge of 24  
In addition to duties as a resident, was intimately  
Involved with the Univ. of Miami Back School under  
the direction Of Dr. Mark Brown**

**PRIVATE PRACTICE: Boca Raton Orthopedic Group, Inc.**

**Founding Member of the Institute of Regenerative and  
Molecular Orthopedics  
Named Castle Connely Top Doctors  
2012,2013,2014,2015,2016, 2017, 2018, 2019, 2020,  
2021**

**HOSPITAL  
AFFILIATIONS: Boca Raton Community Hospital**

**TEACHING Instructor and Chairman of Arthroscopic Laser Course  
May 1994**

**AFFILIATIONS: Boca Raton Community Hospital**

**Instructor and Chairman Arthroscopic Laser Course  
November 1994  
Pittsburg, PA**

**BOARD CERTIFICATION: American Board of Orthopedic Surgeons  
July 1984  
American College of Orthopedic Surgery  
American Board of Pain Management  
Anti-Aging Medicine  
American Academy and Board of Regenerative  
Medicine  
Certified in Age Management Medicine by  
Cenegenics May 2007**

**MEDICAL SOCIETY American Medical Association  
MEMBERSHIPS PAST Southern Medical Association  
& PRESENT: Palm Beach Medical Society  
Broward County Medical Society**

**Palm Beach Orthopedic Society  
Florida Medical Association  
International Cartilage Repair Society  
American Academy of Regenerative Medicine (founding member and past President)  
American Academy of Anti-Aging Medicine  
American Association of Stem Cell Physicians (founding member)**

**FELLOWSHIPS:**           **American Academy of Orthopedic Surgeons  
American College of Surgery  
American Academy of Pain Management  
Board Certified in Anti-Aging Medicine**

## **LECTURES: Given by Speaker for the Following Conferences:**

**February 1981: Treatment of Metastatic Fracture - presented at the American Academy of Orthopedic Surgeons**

**2008 – Present: Lecturer at Florida Atlantic University to undergraduate Students on Stem Cells**

**2007 – Present: Physician instructor in Technique of Bone Marrow Use and Platelet Rich Plasma for Harvest Technologies**

**March 2010: Visiting professor at Santiago Dominican Republic Hospital**

**1st Conference on Stem Cells & Genetics A4M Sao Paulo, Brazil**

**Lecture #1 The use of Supplements in Platelet Rich Plasma and Stem Cell Injections**

**Lecture #2 The use of Stem Cells and Platelet Rich Plasma Injections in an office setting**

**April 2010: A4M Brazil Stem Cell & Genetics in Sao Paulo, Brazil**

**Lecture #1 The use of Supplements in Platelet Rich Plasma and Stem Cell injections**

**Lecture #2 Stem Cell and Platelet Rich Plasma for Musculoskeletal Problems**

**October 2010: The Dubai Congress on Anti-Aging & Aesthetic Medicine**

**Lecture The use of Stem Cell and Platelet Rich Plasma injections in an office setting**

**December 2010: The 19th Annual World Congress on Anti-Aging Medicine**

**And Biomedical Technologies**

**Las Vegas, NV**

**Lecture The use of Stem Cell and Platelet Rich Plasma injections in an office setting**

**December 2010: The 19th International Congress of Orthopedics and Traumatology Punta Cana, D.R.**

**Lecture The use of Stem Cells and Platelet Rich Plasma in the Treatment of Athletic Injuries**

**January 2011: The 5th Annual Stem Cells & Regenerative Medicine World Congress San Diego, CA**

**March 2011: Korea symposia on Platelet Rich Plasma and Stem Cells Acted as a visiting professor at four major hospitals in the Seoul area performing Stem Cell cases in each hospital Operating room**

**April 2011: World Congress on Anti-Aging and Regenerative**

**Medicine Unit Congresses XXL Century National Medical Center in Mexico City, Mexico**

**Lecture #1 The use of Supplements and with Stem Cells and Platelet Rich Plasma injections**

**Lecture #2 Stem Cell and Platelet Rich Plasma Injections**

**April 2011: 19th Annual World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies in Orlando, FL**

**May 2011: The 8th Malaysian Conference on Anti-Aging, Aesthetic, and Regenerative Medicine in Kuala Lumpur, Malaysia**

**August 2011: Upper Valley Platelet Rich Plasma and Stem Cell Symposium Claremont New Hampshire keynote speaker**

**September 2011: North American Platelet Rich Plasma Symposium Toronto, Canada,**

**Lecture The Future of Platelet Rich Plasma, Fat And BMAC**

**December 2011 20th Annual World Congress on Anti-Aging Medicine and Biomedical Technologies Las Vegas Nevada**

**February 2012: Two Lectures on Stem Cells and Platelet Rich Plasma injections and the use of supplements in Stem Cell, Mexico City, Mexico**

**February 2012: Lectures on the use of Autogenous Stem Cells on Orthopedic Condition also acted as a visiting professor at The Catholic University of Korea guiding the Korean Doctors in performing Stem Cell treatments for Orthopedic Conditions Seoul, Korea**

**April 2012: Annual Meeting American Academy of Orthopedic Medicine Lecture on Stem Cells and Platelet Rich Plasma Injections Fort Lauderdale, Florida**

**June 2012: National Arthroscopy Congress Lectures on Stem Cells and Platelet Rich Plasma injections in Orthopedic Conditions, functioned as a visiting Professor performing Operating Room cases using Stem Cells Lima, Peru**

**July 2012: 3rd Annual Platelet Rich Plasma & Regenerative Medicine Symposium with Cadaver Lab Lectured on Stem Cells and Platelet Rich Plasma injections Los Angeles, California**

**August 2012: The 6th Annual Anti-Ageing & Aesthetic Medicine Conference, “Integrative Health & Longevity” at the Sofitel Melbourne on Collins Invited Lecturer on Stem Cells and Platelet Rich Plasma injections Melbourne, Australia**

**August 2012: Ecuador Society of Orthopedics and Traumatology SEOT (Sociedad Ecuatoriana de Orthopedia y Traumatologia) Lecturer on Stem Cells and Platelet Rich Plasma injections Guayaquil Ecuador**

**September 2012: Brazilian Orthopedic Hip Society guest lecturer San Paulo Brazil**

**October 2012: 1st C.U.R.E. Symposium Boca Raton, Florida Guest Lecturer on Stem cells**

**October 2012: 2012 World Congress on Anti-Aging Medicine and Regenerative Biomedical Technologies Expo 2012 Guest Lecturer Shanghai, China**

**November 2012: Australasian College of Sports Medicine 27 Annual Scientific Conferences Brisbane Australia**

**November 2012: 1st Scientific practical conference” Current Trends in Trauma and Orthopedics”. Guest lecturer Moscow, Russia**

**December 2012: 21st Annual World Congress on Anti-Aging Medicine and Biomedical Technologies, guest lecturer Las Vegas Nevada**

**January 2013: 1st Annual Meeting of the Philippine Society of Stem Cell Medicine Manila, Philippines Guest Lecture and Visiting Professor**

**February 2013: 4th Mexico A4M Anti-aging Conference Mexico City, Mexico Guest Lecturer**

**April 2013: 2nd Annual C.U.R.E. Symposium Boca Raton, Florida Guest Lecturer on Stem Cells**

**April 2013: 21st Congress of Anti-Aging Medicine Orlando, Florida Guest Lecturer**

**April 2013: 23° Argentine Congress of Esthetic Medicine Guest Lecturer and Visiting Professor Buenos Aires, Argentina**

**June 2013: The Anti-Aging Academy of the A4M of Mexico Stem Cell Work Shop I will act as a coordinator and visiting Professor for a work shop on the nuts and bolts of Stem Cells**

**July 2013: Invited lecture and visiting professor in Cebu, Philippines. This included lectures at two medical schools**

**Aug. 2013: The Seventh Annual Meeting of the Australian-Asian Academy of Anti-Aging Medicine Melbourne, Australia**

**September 2013: Biobridge Conference 2013 “Generation-Regeneration” Guest Lecture on “The Use of Stem Cells and PRP in Orthopedics” Venice, Italy**

**Oct. 2013: Faculty of the Stem Cell Fellowship of the American Academy of Anti-Aging Medicine will present didactic Lectures and perform practical lectures**

**Oct. 2013. Visiting professor lecturing and performing cases utilizing bone marrow and fat stem cells. Santiago, Dominican Republic**

**Nov 2013: Visiting Professor at Far Eastern University Manila, Philippines including both didactic lectures and practical cases**

**Dec. 2013 Visiting Guest Physician lecturer at the SOHO supplement industry meeting Orlando, Florida**

**Dec. 2013: American Academy of Anti- Aging Medicine Las Vegas, NV  
Invited lecturer in the Stem cell Session**

**Dec. 2013. Invited to the Doha Goals Forum by his Highness Sheikh Tamim bin Hamad Al-Thani, The Emir of Qatar. Location was Doha, Qatar. Discussed the cutting-edge aspects of sports medicine as it relates to athletes**

**Feb. 2014 Acting as a visiting professor and speaker at Far Eastern Univ. Manila, the Philippines. This will involve both lecturing and performing cases**

**Feb. 2014 Mexico A4M invited as a visiting professor for the Fifth Annual American Academy of Anti-Aging Medicine Mexican division.**

**March 2014 Invited Participant of "Orthopedics Today" symposium as to how the American Academy of Orthopedic Surgery needs to get involved with stem cells. This symposium is by invitation only.**

**March 2014 Faculty member, lecturer, and instructor for A4M Stem Cell Fellowship**

**April 2014 Invited speaker and Faculty member of the 33rd Cherry Blossom Seminar in Orthopedics. Washington, D.C.**

**April 2014 Invited Speaker and Faculty Member for Select Biosciences Meeting in Palm Springs, California**

**May 2014 Faculty member for pre-conference workshop on Aesthetics and Hair Transplantation at American Academy of Anti Aging Medicine.**

**May 2014 Keynote Address 22nd Annual World Congress on Anti-Aging, Regenerative and Aesthetic Medicine – Conference Orlando, Florida**

**May 30 and 31 Invited Lecturer and Faculty Member International Biological Orthopaedics Meeting (IBOM) Mumbai, India**

**August 2014 Invited Lecturer, Faculty Member and course Chairman for a Stem Cell Workshop for the Australian-Asian Antiaging Academy Melbourne, Australia**

**September 2014 Invited Keynote speaker and section moderator The 1st Annual World Congress of Orthopedics 2014 (WCORT-2014) Xian, China**

**September 2014 Invited Lecturer Regenerative Medicine Meeting Santiago, Chile**

**October 2014 Invited Lecturer XVI International Congress on Aesthetics and Cosmetic Surgery. Buenos Aires, Argentina**

**October 2014 Invited Speaker Program, 25th October, 2014, Sao Paulo, Brasil  
Brazilian Society of Pain Medicine -**

**November 2014 Invited speaker Doha GOALS (Gathering of All Leaders in Sport) Forum, in Doha, Qatar from November 3-5, 2014, under the High Patronage of His Highness Sheikh Tamim bin Hamad Al Thani, the Emir of Qatar and the patron of Doha GOALS.**

**November 2014 Invited Speaker 7th Annual World Congress of Regenerative Medicine & Stem Cell -2014 (RMSC-2014) in Haikou, China**

**Dec. 2014 Invited Speaker Ibero American Congress Orthopedics and Trauma congresso in Buenos Aires ,Argentina December 6 to 10**

**Dec. 2014 Invited speaker 22nd Annual World Congress on Anti-Aging, Regenerative and Aesthetic Medicine on December 11 - 13, 2014 at the Venetian/Palazzo/Sands Expo in Las Vegas, NV.**

**Jan 2015 Invited lecturer at Updates in Environmental Conference conference theme is Environmental Impact on Stem Cells, Aging, and Chronic Illness St. Petersburg, Florida**

**March 2015 Invited Lecturer at the American Academy of Pain Medicine Washington, D.C.**

**May 2015 Sau Paulo, Brazil Invited lecturer and demonstrated cases**

**June 2015 Invited Lecturer Invited Lecturer and demonstrated cases at Laser and Stem Cell Meeting**

**July 2015 Chennai, India 1<sup>st</sup> Annual ArthroPreserve meeting invited lecturer and performed cases**



**Dec. 2015 Invited Lecturer America Academy of Anti-Aging Medicine  
Las Vegas Nev.**

**Feb. 2016 Invited Lecturer Singapore Stem Cell Meeting Singapore**

**March 2016 Quito Ecuador Invited Guest Lecturer at Stem Cell  
Meeting**

**March 2016 Seoul, Korea Lecturer and Chair Stem Cell Meeting**

**May 2016 Sao Paulo, Brazil Invited Lecturer and Proctor for the  
Orthoreg meeting.**

**June 2016 Chicago Invited Lecturer at Becker Orthopedic meeting.**

**July 2016 San Jose, Costa Rica Featured lecturer Stem Cell  
Meeting**

**August 2016 Rio De Janeiro Presenter at International Stem Cell  
Meeting during the Olympics**

**November 2016 Shanghai, China Chair of Stem Cell Meeting.**

**November 2016 Manila Philippines Invited lecturer Manila Stem  
Cell Meeting**

**December 2016 Las Vegas, Nevada Invited Lecturer for General  
Meeting and lecturer for Stem Cell Fellowship**

**December 2016 Kuala Lumpur, Malaysia Invited lecturer  
For Stem Cell meeting with emphasis on V cells.**

**May 2017 Boston Biolife Invited lecturer and the scientific meeting.  
Philadelphia, Pa.**

**July 2017 Boston Biolife Invited Lecturer Austin, Texas**

**June 2017, Orthoreg meeting Sao Paulo, Brazil. Invited Lecturer and  
also assisted in performing Stem Cell Cases.**

**October 2017 Rabat, Morocco Gave Keynote lecture on Stem cells to  
Moroccan Medical Society**

**November 2017 Manila, Philippines Keynote Speaker for the Philippines Stem Cell Society**

**December 2017, American Academy of Anti-Aging Medicine. Invited Lecturer in Stem Cell section.**

**April 2018 Shanghai, China**

**5th China International Orthopedic Implants and Biomaterials Conference & Expo Keynote Speaker**

**April 2018 Hollywood, Fl. American Academy of Anti-Aging Medicine Gave Lecture on “Stem Cells and their Effects on Brain Awakening”.**

**May 2018 Sao Paulo Brazil, Guest Lecture Orthoreg meeting**

**December 2018 American Academy of Anti-Aging Medicine Las Vegas, Nev. The Use of Stem Cells for Orthopedic Conditions**

**May 2019 Hollywood Fl. American Academy of Anti-Aging Medicine lecture The Relationship between Stem Cells and Neurological Conditions**

**Aug. 2019 American Association of Stem Cell Physicians. Lecture on Basic Science of Stem Cell and PRP Injections**

**Sept 2019 Guest Lecture and Visiting Professor at Ortho Regen meeting in Bahia, Brazil**

**Nov 2019 American Association of Stem Cell Physicians Lecture on Basic Science of Stem Cell and PRP Injections.**

**April 2020 Guest Lecturer Topic Osteoporosis OrthoRegen meeting Sao Paulo**

**June 2020 Guest Lecturer The Nuts and Bolts of Stem Cell and PRP Injections**

**July 2020 Guest lecturer Global Regenerative Medicine Experts The basics of PRP and Stem Cell Therapy**

**October 2020 Guest lecturer in the Philippines (Virtual) “The use of Medical Ozone”**

**Nov 2020 Guest lecture for Ortho Regen Ortho meeting Sao Paulo “The Mysteries of Medical Ozone**

**Jan. 2021 Keynote speaker 2<sup>nd</sup> Global Regenerative Medicine Summit Virtual. Basic Science of Stem cells”.**

**Feb 2021 Orth Regen Meeting “Stem Cell Aging Pathways” guest lecture**

**March 2021 Guest lecturer in the Philippines Virtual “Stem Cell Aging Pathways”**

**April 2021 American Academy of Stem Cell Physicians The Medical Aspects of EBO2 therapy**

**April 2021 Guest Lecturer International association of Regenerative Therapy Virtual “The Basic Science of Stem Cells”**

**April 2021 IART guest lecture Clinical Aspects of Stem Cell and PRP Injections virtual**

**June 2021 Cell Surgical Conference Basic Science of Stem Cell and PRP Injections guest lecturer**

**June 2021 "THE EBO2 PROTOCOL: A MARRIAGE OF INTRAVENOUS OZONE, DIALYSIS FILTRATION, AND PHOTO-MODULATION OF THE CIRCULATORY SYSTEM”. Virtual conference**

**July 2021 The Use of Regenerative Medicine in the Treatment of Osteoporosis. Philippine Regenerative Medicine Society**

**September 2021 The Use of Ozone in Regenerative Orthopedics  
Brazilian Association of Ozone Therapy.**

**Oct 2021 47th Ecuadorian Congress of Orthopedics and  
Traumatology 7-9 October 2021**

**November 2021, Lecture to Ozone Therapies Group “The  
Marriage of Blood Filtration, Blood Ozonation, and Photo-Bio-  
Modulation”**

**December 2021, Lecture to Orthoregen - International Symposium “The  
Newest Cutting-Edge Topics In Regenerative Stem Cell Therapy”**

**April 2022 Guest Lecture on “Stem Cell Application in the Real  
World” Dubai.**

**June 2022 Guest Lecture Cell Surgical Meeting “The Nuts and  
Bolts of Stem Cell Injections.**

**June 2022 Guest Lecturer “The American Academy of Stem Cell  
Physicians The Basic Science of Stem Cells and Platelets”**

**December 2022 Main facility member American Academy of Anti-  
Aging Medicine lecture given “Intermittent Hypoxia Therapy with  
a Hyperoxic Chaser”**

**May 2023 Lecture given at the American Academy of Anti-Aging  
Medicine lecture was on the EBO2 technique.**

**June 2023 Annual Cell Surgical Meeting Two lectures were  
given.**

**#1 “The Nuts and Bolts of Stem Cell and PRP injections.**

**#2 Intermittent Hypoxia Therapy**

**June 2023 The American Academy of Stem Cell Physicians  
The lecture given, “Intermittent Hypoxia Therapy,” also ran a  
workshop on Bone Marrow Aspiration**

June 2023 Keynote lecturer at Unimax University as part of the OrthoRen of Brazil. Three separate lectures were given:

#1 The Nuts and Bolts of Stem Cell and PRP Injections

#2 The Nuts and Bolts of Mitochondrial Health and Disease

#3 The Intermittent hypoxia Training

Also assisted in performing cases involving Bone Marrow and Fat aspiration

## **Articles Written**

**1. Wrote chapter entitled “Platelet Rich Plasma and Stem Cell Injections” published in Anti-Aging Therapies Volume XVI and Volume XVII and XVIII A different chapter every year**

**2. Co-author” Contributions for classification of Platelet Rich Plasma – proposal of a new classification: MARSPILL” Lana, Purita et al Regenerative Medicine Journal July 31, 2017**

**3. Co-author “Platelet Rich Plasma: Post-Procedural Considerations for the Sports Medicine Professional” paper has been accepted publication date pending**

**4. Co-author ‘Bone Marrow Classification” paper is in the process for submission for publication.**

**5. Author of chapter in text book entitled “The Science and Clinical Applications of Stem Cell Today” The chapter will cover the use of PRP and Stem Cells in the joint.**

**6. Extracorporeal shock wave therapy mechanisms in musculoskeletal regenerative medicine**

- Simplicio C
- Purita J
- Murrell W
- et al. See more

***Journal of Clinical Orthopaedics and Trauma***

**DOI: 10.1016/j.jcot.2020.02.004**

**7. Leukocyte-rich PRP versus leukocyte-poor PRP - The role of monocyte/macrophage function in the healing cascade**

- Lana J
  - Huber S
  - Purita J
  - et al. See more
- Journal of Clinical Orthopaedics and Trauma*  
DOI: 10.1016/j.jcot.2019.05.008

**8. Stem Cell Injections for Musculoskeletal Pathology: An Overview for the Sports Medicine Professional**

- Kolber M
  - Purita J
  - Sterling B
  - et al. See more
- Strength and Conditioning Journal*  
DOI: 10.1519/SSC.0000000000000500

**9. Platelet Rich Plasma: Postprocedural Considerations for the Sports Medicine Professional**

- Kolber M
  - Purita J
  - Paulus C
  - et al. See more
- Strength and Conditioning Journal (2018) 40(5) 95-107*  
DOI: 10.1519/SSC.0000000000000403

**10. Platelet-Rich Plasma: Basic Science and Biological Effects**

- Kolber MPurita JPaulus C et al. See more  
*Strength and Conditioning Journal (2018) 40(5) 77-94*  
DOI: 10.1519/SSC.0000000000000402

**11. Regenerative medicine for pain management**

- **Chen H**
- **Purita J**
- **Nguyen M**

***Springer International Publishing, (2017), 575-580***

**DOI: 10.1007/978-3-319-43133-8\_153**

**12. The use of platelet-rich plasma (PRP) injections and stem cells in an office setting**

- **Purita J**
- 

***Anti-Aging Therapeutics - 2012 Conference Year (2013) 145-163***

**13. The Effect of Combining Bone Marrow Aspirate, Lipoaspirate, and Platelet Rich Plasma Injections on Pain, Function, and Perceived Change Amongst Individuals with Severe Knee Osteoarthritis,**

**Kober, Purita, Lana et al**

**Biologic Orthopedic Journal, Aug 2021**

**14. Textbook: Musculoskeletal Ultrasound-Guided Regenerative Medicine sole author Chapter 3 “The Nuts and Bolts of Regenerative Medicine as it pertains to the Joint.**

**I have written an exam for the members of the American Academy of Stem Cell Physicians.**

**Member of Scientific Advisory Boards for the Following Companies**

1. Human N is based in Austin, Texas
2. Algae to Omega is based in Vero Beach, Florida
3. Hemealumen
4. Clearwater Nutrition Labs
5. UltraBotincia

**Aug. 2021 Asked by the Florida Board of Medicine to help establish a Standard of Care Concerning Stem Cell Injections.**

**Member of the Editorial Board of the Journal of the Association of Stem Cell and Tissue Regeneration.**  
**Seoul, Korea**

**MEDICAL LICENSES: Active Medical Licenses in Florida, California, and in the United States. Cayman Islands,**

**MISSIONARY WORK: Caridad Center Free Medical Clinic volunteered as 2005 to 2009.**

**Orthopedic Surgeon Boca Raton Florida**

**Project Medishare volunteered as Orthopedic in January 2010 Surgeon Immediately following Earthquake Port Au Prince, Haiti**

**The University of Miami volunteered as Chief of Orthopedic Surgeon at Airport Field Hospital Port Au Prince, Haiti March 2010**



